

Collage Dream Writing

Experiential Workshop at the IASD conference 2018

Doubletree Resort Paradise Valley Scottsdale
5401 N Scottsdale Rd, Scottsdale, AZ 85250

<http://iasdconferences.org/2018/>

Wednesday, 20th June 2018, 2:00 – 3:30 p.m.

Presenter: Johanna Vedral (Austria) is a psychologist, writing teacher and collage maniac, author of „Collage Dream Writing“. <http://schreibstudio.at/>

Presentation Summary

A photocollage is like a dream on paper. Collaged dream images lead us to dream writing. Collage Dream Writing is based on Expressive Arts, Creative Writing, SoulCollage (Seena Frost), Collagen-Therapie (Charlotte Kollmorgen) and creative dreamwork.

In this workshop the participants will dream awake. They will write down their personal dream narratives, emerging from the supplied photocollages. Afterwards we focus in a dream sharing circle on the emotions in the dreams narratives each participant created.

The “ultimate authority” on the personal meaning of that “interpretation” ist the Dreamer/Writer. There is no interpretation, but there is reflection and mirroring! Surprise yourself in a creative encounter!

Participants who attend this presentation will be able to:

- Experience their dreaming selves awake while stepping into a photocollaged dream and emanate their personal dream narrative out of it.
- Use the reverie of the collage process for a fresh approach to the writing process.
- Apply feedback via the mirror of Collagen-Therapie (Charlotte Kollmorgen).

Fur further reading

Asato, Sheila (2006). *The Design of Dreams – How the Healing Collage Process Relates to Dreaming*. St Mary`s University of Minnesota.

Frost, Seena (2010). *Soul Collage Evolving. An Intuitive Collage Process for Self-Discovery & Community*. Hanford Mead Publishers, Inc.: Santa Cruz, California.

Kollmorgen, Charlotte (1989). *Collagen-Therapie. Bildnerische Arbeit mit Herzinfarktpatienten in der Rehabilitationsklinik*. Hans Huber Verlag: Bern.

Vedral, Johanna (2018). *Collage Dream Writing. Geschichten aus der Tiefe schreiben*. Punktgenau: Wien.

